



NOVEL CORONAVIRUS

WHAT IS NOVEL CORONAVIRUS?

Novel coronavirus (2019-nCoV) is a new virus strain that causes respiratory illness in people and can spread from person-to-person. In most instances, cases outside of China have been associated with travelers from China.

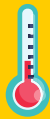
HOW DOES NOVEL CORONAVIRUS SPREAD?

While health experts are still learning the details about how this coronavirus spreads, it is commonly spread from an infected person to others through:

- The air by coughing and sneezing
- Close personal contact (within 6 feet) for a prolonged period of time (more than 10 minutes)
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

WHAT ARE THE SYMPTOMS?

People who have been diagnosed with novel coronavirus have reported symptoms that may appear in as few as 2 days or as long as 14 days after exposure to the virus:



Fever



Difficulty Breathing



Cough

HOW CAN I PREVENT FROM GETTING NOVEL CORONAVIRUS?

Steps you can take to prevent spread of flu and the common cold will also help prevent coronavirus:

- Wash hands often with soap and water. If not available, use hand sanitizer
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Avoid contact with people who are sick
- Stay home while you are sick and avoid close contact with others
- Cover your mouth/nose with a tissue or sleeve when coughing or sneezing



Currently, there are no vaccines available to prevent novel coronavirus infections. Most people with illness not requiring hospitalization, are able to recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications. However, some cases develop pneumonia requiring medical care and may require hospitalization.

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